

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Ballet Rambert Ltd	
If your organisation is part of a larger organisation, what is its name? Rambert Trust Ltd	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms Christine Billings	Position: Development Manager
Website: http://www.rambert.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 326926
When was your organisation established? 25/09/1985	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives People living with Alzheimer's and other forms of dementia having a better quality of life
Please describe the purpose of your funding request in one sentence. To provide vulnerable older adults the opportunity to enjoy the health and social benefits of regular dance activity and engagement with the arts.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £36,425 Year 2: £38,313 Year 3: £37,060 Total: £111,977

Aims of your organisation:

Rambert is Britain's national dance company: a company that produces work of the highest quality; performs throughout the country; that engages with people of all ages and abilities; and is a beacon of excellence for artists and dance-lovers in the UK and beyond.

We maintain a permanent company of world-class dancers and work with the most exciting choreographers, composers and visual artists. With theatres nationwide, we develop audiences for dance. We invest extensively in education, outreach and participation. We are custodians of an unmatched historic repertoire and our recently catalogued archive provides opportunities to explore the Company's relationship with artists, individuals and world events. Our accessible new home is a centre of best practice in dance development.

Main activities of your organisation:

Under the award-winning artistic direction of Mark Baldwin, Rambert tours throughout the UK and overseas, producing an unrivalled quantity of new work on the large-scale.

Established in 1926 by Polish émigré Marie Rambert, the Company builds on its rich heritage to deliver performances full of ideas and passion.

Rambert's 22 dancers are considered to be some of the finest and most versatile in the world, meeting the challenge of performing a range of styles with flair and precision.

Committed to ensuring the development of dance for future generations, Rambert seeks out and nurtures new choreographers, including those from within its own ranks. The Company believes that exciting and innovative dance is created through bold collaborations between choreographers and composers, designers and visual artists, and tours with its own chamber orchestra.

Rambert offers vibrant and accessible dance experiences and is committed to engaging people of all ages through an award-winning programme of activities to encourage learning and participation.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
40	12	12	16

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Rambert's learning & participation programmes offer high quality experiences which involve people of all ages as audience and participant, so they can better appreciate our art form and benefit from deeper cultural engagement. Rambert has extensive experience of working with young people, has recently begun working with older adults and wishes to extend this area of work.

Older people are a growing proportion of the population and maintaining health into old age is a public health priority. There is much evidence to demonstrate that dance can offer significant fitness and social benefits.

We know that those who suffer from particular disabilities can benefit from participation in dance and have begun developing our expertise with a number of partners: with clinical staff at St George's NHS Trust to offer sessions for amputees, Parkinson's patients and stroke patients; with Arts for Dementia; and Chelsea and Westminster Hospital.

Although older people tend to have time, they enjoy fewer opportunities for participative engagement in the arts than the young. Older adults are also potential users of our Archive and potential audience members so engaging with them can provide benefits in both directions.

Finally, a condition of the lease on our land from Coin Street Community Builders is to offer participation programmes to local residents of all ages. These currently include an over 60s dance class and an intergenerational project. An offer for this age group is guaranteed in the coming years although it may take different forms.

Dance in Health is a three year programme beginning mid-2014 that will offer on-going dance sessions to people with dementia, Alzheimer's and Parkinson's and their carers, dance activity in elder's day centres, and sessions for outpatients recovering from illness/treatment at Chelsea & Westminster Hospital.

All participants will be offered opportunities to visit our archive and attend performances and rehearsals. Over the course of the project we will build our user groups at our South Bank base, identify and deliver work with more partners and build the skills of our workforce through regular training.

Grant funding will ensure that we are able to offer the proposed sessions to our target beneficiaries at low or no cost. It will support the delivery of all activity and enable us to develop the skills base amongst professional dance artists who work with London elders. The project will enable us to develop on-going activity for older Londoners within our new home and across London.

Rambert's new home is centrally located, easily accessible from most parts of London and is physically accessible to users. Its position in the South Bank Cultural Quarter and Rambert's status as a professional company provides an exciting context for participants and a direct link to the professional artists who work with us.

This project addresses the Older Londoners theme by providing healthy activity for people aged 65 and older, providing non-medical support for people with Alzheimer's and dementia, social engagement and volunteering opportunities. We will work with a range of partners to develop activity in different settings.

We will work closely with our partner organisation to develop the programme so that it best meets the needs of each of the groups we will work with. Participant feedback will enable us to further fine tune the sessions.

Rambert welcomes people from all backgrounds and we are proud that 40% of our dancers are from visible minorities who provide role models for the young people in our community and school programmes. We are building our volunteer programmes, mostly within our Archive service, and we hope that this programme will contribute indirectly to the involvement of older people as Archive volunteers.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

No.

Do you have a Vulnerable Adults policy? No

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Regular dance sessions in Rambert studios for people with early stage Dementia or Alzheimer's and Parkinson's Disease, with their carers. Participants will also be offered opportunities to attend a performance, occasional events in our building and will be offered reminiscence type sessions in the Archive.

Regular dance sessions at elders day centres: three in year one increasing to five by year three. Participants will have opportunities to attend performances and visit Rambert studios. Seed money will allow us to offer taster sessions to new day centres.

Dance for Recovery sessions will be offered to patients recovering from serious illness/treatment at Chelsea & Westminster Hospital.

Semi-annual training and networking for our animateurs and the wider sector will develop skills for those working with vulnerable older adults. A symposium in the third year will share best practice with others in the sector.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More older adults will be engaging in physical, creative and social activity through regular participation in dance classes. These classes will be free of charge and will provide opportunities to vulnerable older adults for whom this might be their only form on physical activity.

All participants will experience physical benefits such as increased stamina and improved coordination, this will help prevent injury from falls. By taking part in group classes, participants will have improved emotional well being through being involved in a group activity and learning a new skill.

People joining the Dementia/Alzheimer's and Parkinson's classes at Rambert will benefit from tailored sessions, in world-class, purpose built dance studios. Regular sessions as part of a long-term programme will enable dance to become an integral part of participants' lives, providing them with a sense of personal progression and achievement.

The programme will increase number of dance practitioners who have the relevant skills, knowledge and expertise to work with vulnerable older adults. This will enable more opportunities for older adults to take part in dance activities of the highest possible quality.

New partnerships will be formed between Rambert and organisations responsible for the health and care of older adults in London, increasing understanding between the performing arts sector and the elderly care providers. This will lead to sustained and productive partnerships in future.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Any activity beyond the grant period would be dependent on funding - either from participants or from a third party.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

275

In which Greater London borough(s) or areas of London will your beneficiaries live?

Lambeth (10%)

Southwark (10%)

Hounslow (16%)

London-wide (64%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

*SUBSTANTIALLY
RAISED - SEE
APPENDIX A.*

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for recovery (hospital sessions)	4,560	4,560	4,560	13,680
Hounslow Seniors Trust	3,390	3,390	3,390	10,170
Lambeth/Southwark Day Centres	3,880	5,460	7,000	16,340
Seed funding for taster sessions	1,360	1,360	0	2,720
Older Adults Programme Coordinator salary	8,658	8,831	9,008	26,497
Activities - archive sessions, theatre visit, etc	1,159	1,314	1,466	3,939
Animateur training and sector symposium	600	1,200	2,700	4,500
Management (10%)	3,442	3,748	3,948	11,138
TOTAL:	37,589	41,223	43,432	122,514

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for recovery (hospital sessions)	4,104	3,648	3,192	10,944
Hounslow Seniors Trust	3,051	2,712	2,373	8,136
Lambeth/Southwark Day Centres	3,492	4,805	5,250	13,547
Seed funding for taster sessions	1,360	1,196	0	2,720
Activities - archive sessions, theatre visit, etc	1,159	1,314	1,466	3,939
Animateur training and sector symposium	350	450	1,200	2,000
Older Adults Programme Coordinator salary	8,658	8,831	9,008	26,497
Management (10%)	3,298	3,432	3,385	10,115
TOTAL:	36,282	37,748	37,234	111,264

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	2,567,448
Activities for generating funds	61,360
Investment income	0
Income from charitable activities	563,672
Other sources	0
Total Income:	3,192,480

Expenditure:	£
Charitable activities	2,927,691
Governance costs	16,842
Cost of generating funds	114,601
Other	0
Total Expenditure:	3,059,134
Net (deficit)/surplus:	133,346
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	3,139
Investments	0
Net current assets	953,654
Long-term liabilities	0
*Total Assets (A):	956,793

Reserves at year end	£
Restricted funds	14,028 942,765
Endowment Funds	0
Unrestricted funds	942,765 14,028
*Total Reserves (B):	956,793

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
71-80%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	2,297,348	2,468,925	2,316,512

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	36,550	20,135	1,675
Gordon Foundation	17,750	17,750	17,750
John Lyon's Charity	0	13,000	13,000
Foundation for Sport and Arts	5,000	15,000	15,000
John Ellerman Foundation	0	25,000	25,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Christine Billings**

Role within **Development Manager**
Organisation:

Funding required for the project

(REVISED REQUEST)

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for Recovery (Chelsea & Westminster)	4,560	4,560	4,560	13,680
Hounslow Seniors Trust	3,390	3,390	3,390	10,170
Sessions with local groups	3,880	5,460	7,000	16,340
Outreach/seed funding for new group tasters	1,360	1,360	0	2,720
Staffing costs (L&P Manager contribution & Project Co-ordinator 2 days/week)	10,656	10,869	11,087	32,612
Animateur training (3 days/year), training & networking event and symposium in year 3.	5,350	5,950	7,450	18,750
Extra activities - Sadler's Wells Visit & archive sessions for groups.	1,159	1,314	1,466	3,939
Overheads & management (10%)	3,642	3,951	4,156	11,749
TOTAL:	40,057	43,464	45,719	129,240

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Chelsea & Westminster Health Charity (10%)	456	456	456	1,368
Hounslow Seniors Trust	339	339	339	1,017
Training (sector)	250	750	1,000	2,000
Symposium			1,000	1,000
TOTAL:	1,045	1,545	2,795	5,385

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for Recovery (Chelsea & Westminster)	4,104	4,104	4,104	12,312
Hounslow Seniors Trust	3,051	3,051	3,051	9,153
Sessions with local groups	3,880	5,460	7,000	16,340
Outreach/seed funding for new group tasters	1,360	1,360	0	2,720
Staffing costs	10,656	10,869	11,087	32,612
Animateur training	5,100	5,200	5,450	15,750
Extra activities	1,159	1,314	1,466	3,939
Overheads & management (10%)	3,642	3,951	4,156	11,749
TOTAL:	39,012	41,919	42,924	123,855